

**Reactions in the workshop Gifted adults at the doctor
SENG conference, Orlando
July 21, 2013 by Noks Nauta
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In the Power Point presentation Noks gives some information collected in a workshop in The Netherlands, see sheets 10-12. Sheets 13-16 give deliberations from some talks Noks had with gifted a colleague-doctor.

Below are some notes taken during the workshop on July 21 2013 in Orlando.

What do you think? Plenary discussion on statements (sheet 5)

- I know my body!
- Doctors themselves make the worst patients
- Gifted adults are well informed but have no medical study
- We can be involved in our own care, we understand research
- We try to inform about our diagnosis
- We want more information (than an average patient)

Advice for gifted patients (sheet 17)

The advice from the participants of the workshops mainly overlaps the advice in sheet 20.

Advice for doctors of gifted patients (sheet 19)

The advice from the participants of the workshops mainly overlaps the advice in sheet 22.

Do gifted patients need a gifted doctor? (sheet 21)

Most important is that the doctor fulfils the needs of the gifted patient. Perhaps for more somatic diseases the need for a gifted doctor is less than for more complex and/of more mental diseases.

Impressions by Noks during and about the workshop

Compared to a workshop in the Netherlands in March 2013 on this topic (n= 15), the reactions of this group of gifted adults from the USA, among which there were some coaches and therapists, are in general the same. That means that this issue is more about giftedness than about the culture of a country, or about the (organization of the) medical system.

We all think that it is important to raise this issue among gifted people and among doctors.

Noks already tried (twice) to publish an article for medical journals in The Netherlands to put it on the agenda. That article consisted of cases and knowledge about giftedness in general.

Both articles were rejected with the arguments: not based on scientific research and because giftedness is not a valid concept...

In the Netherlands a master student of health psychology is now preparing a questionnaire to ask gifted adults about the quality of the reaction with their doctor. Hopefully she will write an international article about her data.

Noks thinks about writing an article for gifted adults based on the content of this workshop and on the outcomes in the NL and today.

Reactions welcome!